



MSDS No. Relax001. 0

MATERIAL SAFETY DATA SHEET

Date: July 12, 2010

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Relax Blend

1. PRODUCT IDENTIFICATION

Synonyms:	None
Chemical Formula:	Not Applicable
CAS Reg. No.:	Mixture Not Applicable

For Emergencies: CHEMTREC: 800-424-9300; Outside the US: 703-527-3887

NOVUS NUTRITION BRANDS, LLC
20 Research Park Drive
St. Charles, MO 63304
Telephone: 314-576-8886
800-568-0088

2. HAZARDS IDENTIFICATION

Emergency Overview

Appearance: Brownish powder

No significant hazards expected when used as directed

Potential Health Effects

EYE CONTACT: Contact with dust may cause slight eye irritation

SKIN CONTACT: No significant adverse effects expected

INHALATION: Inhalation of dust may cause mild respiratory irritation

This product is not considered hazardous under the criteria of the OSHA Hazard Communication Standard (29CFR1910.1200)



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3. COMPOSITION / INFORMATION ON INGREDIENTS

Ingredients:

Herb mixture consisting of Valerian Root, Chamomile, Hops, Wood Betony and Passion Flower

4. FIRST AID PROCEDURES

IF IN EYES:	Wash eyes with plenty of water for at least 15 minutes. If easy to do, remove any contact lenses. Get medical attention if irritation persists.
IF ON SKIN:	Flush the area with plenty of water for at least 15 minutes while removing contaminated clothing and shoes. Get medical attention if symptoms occur. Wash clothing and thoroughly clean shoes before reuse.
IF INHALED:	Remove patient to fresh air. If not breathing, give artificial respiration. If breathing is difficult give oxygen.
IF SWALLOWED:	Wash mouth out with water and give a cupful of water. If large quantities of this product are swallowed, call a physician or Poison Control Center. Do not induce vomiting unless directed to do so by a physician. Never give anything by mouth to an unconscious person.

5. FIRE FIGHTING MEASURES

FLAMMABLE PROPERTIES:	Flash Point: Not Determined
EXPLOSION HAZARD:	Fine dust of organic powders, when dispersed in air in sufficient quantities and in the presence of an ignition source, is a potential explosion hazard. NFPA Hazard Identification Label: Health-0; Flammability-1; Reactivity-0; Special Considerations - none
EXTINGUISHING MEDIA:	Soak with water
PROTECTION OF FIREFIGHTERS:	As in any fire, wear self-contained breathing apparatus (pressure-demand, MSHA/NIOSH approved or equivalent) and full protective gear. Equipment should be thoroughly decontaminated after use.



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6. ACCIDENTAL RELEASE MEASURES

PERSONAL PRECAUTIONS:	Wear appropriate personal protective equipment as specified in Section 8. Ventilate the area of the spill.
ENVIRONMENTAL PRECAUTIONS:	Spilled powder is not likely to migrate to the environment. Minimize use of water to prevent environmental contamination.
METHODS OF CONTAINMENT:	<p>If product is to be reclaimed for use, avoid contamination of any material not spilled from original product containers. Use only equipment known to be clean and suitable for food-grade product service in handling any product for potential salvage.</p> <p>Avoid creating dust.</p>
METHODS FOR CLEAN UP:	Sweep up spilled material in a manner that does not disperse dust into the air. Place recovered material in a suitable container. After removing all possible material, wash contaminated surface with industrial detergent solution and rinse with water. Dispose of in accordance with federal, state or local procedures.

7. HANDLING AND STORAGE

HANDLING:	No special precaution
STORAGE:	Store under sanitary conditions.

8. EXPOSURE CONTROLS / PERSONAL PROTECTION

EXPOSURE GUIDELINES: No ingredients present at >1% have airborne exposure limits

OSHA and ACGIH have established nuisance dust limits:

OSHA PEL: 15 mg/M³ (total dust) 8-hr TWA
OSHA PEL: 5 mg/M³ (respirable) 8-hr TWA
ACGIH Guideline: 10 mg/M³ (total dust) 8-hr TWA
ACGIH Guideline: 3 mg/M³ (respirable) 8-hr TWA

ENGINEERING CONTROLS: Provide good ventilation to minimize exposure. If practical, use local mechanical exhaust ventilation at sources of air contamination such as open process equipment.

PERSONAL PROTECTIVE EQUIPMENT:

EYE PROTECTION: Wear safety glasses

SKIN PROTECTION: Wear suitable protective clothing. Consult the glove/clothing manufacturer to determine the appropriate clothing.



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**RESPIRATORY
PROTECTION:**

Use approved respiratory protection equipment if dust is present. Consult the respirator manufacturer to determine the appropriate type of equipment for a given application. Observe respirator use limitations specified by the manufacturer.

**GENERAL HYGIENE
CONSIDERATIONS:**

Laundry contaminated clothing and clean protective equipment before reuse. Wash thoroughly after handling.

9. PHYSICAL AND CHEMICAL PROPERTIES

Appearance:

Brownish Powder

Odor: None

10. STABILITY AND REACTIVITY

CHEMICAL STABILITY:

Stable under expected and reasonable conditions of storage or use.

CONDITIONS TO AVOID:

Avoid elevated temperatures

INCOMPATIBILITIES:

Strong reducing or oxidizing agents

**HAZARDOUS DECOMPOSITION
PRODUCTS:**

No uniquely hazardous decomposition products are expected.

**HAZARDOUS
POLYMERIZATION or OTHER
REACTIONS:**

None expected.

11. TOXICOLOGICAL INFORMATION

Novus Nutrition Brands, LLC has not conducted any toxicological studies with this product.

12. ECOLOGICAL INFORMATION

Novus Nutrition Brands, LLC has not conducted aquatic toxicity or environmental fate studies with this product.

13. DISPOSAL CONSIDERATIONS

Dispose of all empty containers, contaminated products, debris, and clean up materials in accordance with applicable Federal, state or local procedures. Do not reuse containers.



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14. TRANSPORTATION INFORMATION

Not regulated for transport

15. REGULATORY INFORMATION

SARA Hazard Notification: Physical & Health Hazard Categories, 40 CFR Part 370:

- ☐ Immediate (acute):
- ☐ Delayed (chronic):
- ☐ Fire hazard:
- ☐ Reactive hazard:
- ☐ Sudden Release of Pressure

Section 313 Toxic Chemical(s): None Listed

Section 302 Extremely Hazardous Substances: None Listed

CERCLA RQ: None

16. OTHER INFORMATION

HMIS® Hazard Identification Label: Health=0; Flammability=1; Physical= 0; PPE=B

Supersedes MSDS Number: Initial

Revision Information: Not Applicable

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